Blackened Grouper Sandwiches

1 teaspoon paprika

3/4 teaspoon pepper

1/4 teaspoon salt

4 (6 ounce) Grouper filets

2 Tablespoons oil

1/4 cup mayonnaise

1 1/2 Tablespoons sweet relish

1 Tablespoon grainy mustard

1 Tablespoon ketchup

4 whole wheat hogie buns

romaine lettuce

8 plum tomato slices

Combine paprika, pepper and salt. Rub evenly over filets.

Heat oil in skillet. Add filets and cook 3-4 minutes on each side.

Combine ketchup, relish, mustard and mayonnaise.

Arrange rolls on a baking sheet and toast under broiler.

Spread mayonnaise mixture on one side of each roll.

Top with lettuce, tomato and filet.