Chewy Oat Squares

1/4 cup apple juice

6 whole pitted dates

5 Tablespoons butter

1/2 cup honey

1/8 teaspoon salt

2 cups old fashioned rolled oats

1 cup chocolate chips

Preheat oven to 325.  Line a 9" square pan with parchment paper and spray with cooking spray.  Place juice and dates in food processor and pulse until finely chopped.  Melt butter in saucepan.  Stir in date mixture, honey and salt.  Remove from heat and let cool 5 minutes.  Stir in oats and chocolate chips.  Carefully press into pan.  Bake 30 minutes at 325.  Let cool.  Place pan in refrigerator for 20 minutes before slicing into squares.