Ground Turkey Sweet Potato Skillet

2 tbsp extra-virgin olive oil

1 tbs extra-lean ground turkey

1 tsp garlic clove, minced

½ cup onions, diced

½ cup yellow pepper, diced

1 ½ cup sweet potato, diced

Salt and pepper

A pinch of red chili flakes

½ cup shredded mozzarella cheese

Fresh parsley for garnishing

​Heat oil in cast iron skillet.

Cook turkey and garlic until browned.

​Add onions and yellow pepper and cook until tender.

Add sweet potato, salt, pepper and chili pepper flakes.

Cover skillet and cook until potatoes are tender. Stir occasionally.

Add water as necessary.

Add mozzarella and transfer skillet to 400 oven to melt cheese.