Superfood Salad

3 cups salad greens

1 cup strawberries, diced

1 cup blackberries

1 cup blueberries

¼ cup shelled pistachios, roughly chopped

2 tablespoons pepitas

blueberry goat cheese, crumbled

Dressing

¼ cup plain greek yogurt

2 Tablespoons freshly squeezed lemon juice

1 teaspoon mustard

1 Tablespoon extra virgin olive oil

¼ cup fresh mint leaves, packed

¼ cup fresh parsley leaves

2 Tablespoons fresh oregano leaves, packed

Process dressing ingredients in the blender.

Arrange greens and salad ingredients in a bowl.

Drizzle dressing over salad.