Chili

1 bags dry small red beans

1 lb. ground hamburger

1 large onion, diced

6 bay leaves

1 teaspoon salt

2 (28 oz) cans diced tomatoes

1 (16 oz) can tomato sauce

1 (6 oz) can tomato paste

2 tablespoons chili powder

2 tablespoons ground cumin

1 tablespoon brown sugar

1/2 teaspoon black pepper

1 pinch crushed red pepper flakes

Soak beans in large pot overnight.

Put beans in a pot and cover with water.

Bring to a boil and reduce heat and simmer for 1 1/4 hours, partially covered.

In the meantime, heat 1 Tablespoon oil in skillet and add onion.  Saute until tender.

Add ground beef and cook until browned.

In a large pot, combine tomatoes, tomato sauce, tomato paste, bay and spices

Stir to combine and simmer 15 minutes.

Stir in beef mixture.

Add cooked beans and adjust salt seasoning if needed.