Chicken Avocado Burgers

Chicken Burger

1 lb ground chicken

1 avocado, chopped

1 garlic clove, minced

1/2 c. panko crumbs

1 tsp salt

1 tsp pepper

2 scallions, sliced

1 c. crumbled ricotta salata

6 buns

Yogurt Sauce

​ 1/4 cup plain Greek yogurt

 1/2 teaspoon ancho chili powder

​ 1/4 teaspoon garlic salt

Combine chicken, garlic, panko, salt, pepper, scallions and ricotta salata.

​Stir in avocado gently.

Form into 6 patties.

Grill.

​Combine yogurt, chili powder and garlic salt.

Drizzle burgers with yogurt sauce.