Granola Cups with Yogurt

1 1/2 cups old fashioned oats

1/4 cup toasted walnuts, chopped

1/4 teaspoon cinnamon

1/8 teaspoon salt

3 Tablespoons honey

2 Tablespoons creamy almond butter

1 egg white

2 cups plain yogurt

​2 cups fresh berries

Combine oats, walnuts, cinnamon and salt.

Microwave honey and almond butter 20-30 seconds or until smooth.

Add honey and egg white to oat mixture.

Divide mixture evenly among 8 greased muffin cups.

Press into bottom and up sides of cups using wax paper.

Bake 15 minutes at 325.

Carefully remove cups from pan.

Fill with yogurt and top with berries.