Mocha Almond Fudge Pops

1/2 cup milk  (almond, soy or coconut milk is perfectly fine.)

6 Tablespoons cocoa powder

6 Tablespoons maple syrup

1 teaspoon vanilla

1/4 teaspoon almond extract

3/4 teaspoons instant espresso powder dissolved in 1 1/2 teaspoons hot water

2 medium avocados

1/8 teaspoon salt

Put all of these ingredients in a blender and blend until combined.

Scoop or spoon into molds or cups.

Freeze until firm.