Philly Cheesesteaks

1 pound top rounds steak (or flank steak)

5 slices provolone

1 onion, chopped

4 sub rolls

2 teaspoons oil

Partially freeze meat.  Slice into 1/2 portions and shave in cuisinart with slicing blade.    Combine onion, 1 t. oil and 1/4 t. salt in nonstick skillet.  Cover and cook 8 min.  Uncover, increase heat to medium high and add 1 t. oil, meat, 1/4 t. salt and 1/8 t. pepper.  Cook meat through.  Reduce heat and place cheese over meat.  Cook until melted.  Stir to combine cheese and meat.  Spoon into rolls.