Spaghetti Pie

4 ounces spaghetti

1 egg

1 teaspoon olive oil

2 ounces chicken sausage, casings removed

14.5 ounce can diced tomatoes

1/2 cup chopped onion

4 cups fresh spinach

1/2 teaspoon pepper

1/4 teaspoon salt

1/2 cup Italian blend cheese

Place a 6 inch round baking pan in oven and preheat to 500. Cook pasta 8 minutes and drain.

Break 1 egg into large bowl. Beat gently.

Add hot pasta to egg bowl and toss to combine.

Heat oil in skillet. Add sausage and brown.

Add tomato, onion and spinach. Cook until liquid is almost absorbed.

Add tomato mixture to pasta bowl and toss to combine.

Remove preheated bowl from oven.

Spray with cooking spray.

Spoon pasta mixture into hot bowl and top with remaining cheese.

Bake 20 minutes at 500.

Slice into wedges and serve.