Steel Cut Oats

2 cups water

1/2 cup steel cut oats

pinch of salt

Bring 1 1/2 cups water to a boil in a saucepan.  Stir in oats.  Cover and remove from heat.  Let sit overnight.  Add 1/2 cup water to oats, bring to a boil and stir until creamy.  (about 10 minutes.)