Strawberry Avocado Salad

Dressing

1 Tablespoon balsamic vinegar

1 Tablespoon brown sugar

1 Tablespoon olive oil

1 clove garlic, minced

1/4 cup salt

1/4 teaspoon pepper

Salad

1/2 red onion, sliced thin

1/4 teaspoon salt

1/4 teaspoon sugar

1 teaspoon white wine vinegar

1/2 cucumber

1 cup strawberries, quartered

1 head butter lettuce, torn into pieces

1 cup alfalfa sprouts

2 ripe avocados, sliced thin

1/2 cup fresh basil leaves

1/2 cup walnuts, chopped

Whisk together dressing ingredients.

Place onion, sugar, salt and vinegar in a small bowl.  Let sit for 10 minutes.

Shave the cucumber with a vegetable peeler.

Season strawberries with salt and pepper.

Place lettuce, cucumber strips, sprouts, red onion, avocado, strawberries, basil and walnuts in a large bowl.  Sprinkle with freshly ground black pepper.

Drizzle with dressing just before serving.