Sweet Potato Salad

Start with a couple of organic sweet potatoes.

Peel and cube the potatoes. Toss with a little olive oil and a sprinkle of salt.

Spread onto a baking sheet and bake 20 minutes at 425.

Prepare a bed of lettuce.

Open a can of garbanzo beans, drain and add to salad.

Add cooled sweet potatoes.

Top with a sprinkling of toasted pumpkin seeds.

Stir together a Meyer Lemon Vinaigrette and drizzle over the salad.