Whole Wheat Banana Blueberry Muffins

1 cup white whole-wheat flour

1/2 teaspoon baking powder

1/2 teaspoon baking soda

1/4 teaspoon salt

1/8 teaspoon ground cinnamon

2 large ripe bananas

1/3 cup packed brown sugar

1/8 cup coconut oil, melted and cooled

1 large egg

1/4 cup plain Greek yogurt

1 teaspoon pure vanilla extract

1/2 cup fresh blueberries

Combine flour, baking powder, baking soda, salt and cinnamon.

Mash banana with a fork.

Add brown sugar, oil, egg, yogurt and vanilla to banana.

Stir dry ingredients into banana mixture.

Stir in fresh blueberries.

Spoon into muffin cups. My batter filled 5 jumbo muffin cups.

Bake 30 minutes at 350.

Cool on wire rack.